



FROM THE COUNTER

Freshly baked croissants and breads
from Cornwall's Baker Tom

Homemade cakes & treats from Zoe
at Bryher Bake Box

A selection of fresh juices, smoothies,
tea & coffee - see reverse

TO START THE DAY

(SERVED 9AM - 11AM)

Sourdough toast butter & Cornish strawberry jam, marmalade or honey	3.5	Avocado on sourdough toast cherry tomatoes, tarragon, dill & poached eggs	10
Cornish natural yoghurt & apple purée granola pot	4	St Ives smoked salmon on sourdough toast scrambled eggs & chive crème fraiche	11
Cornish smoked back bacon ciabatta	7		

DEIL SANDWICHES

(SERVED 11:30AM - 3PM)

Served with seasonal salad and fries

Honey glazed chicken ciabatta cranberry mayo, Cornish brie, & baby gem lettuce	14	Cornish cheddar & caramelised red onion sourdough toastie tarragon & onion seeds	14
White Cornish crab on granary lemon and caper mayo, beef tomato & Tresco rocket	15	Children's cheese or ham toastie fries	8.5
		[Gluten free bread available]	

WINTER WARMERS

(SERVED 11:30AM - 3PM)

Homemade soup of the day crusty Hobbs House granary	7	Rarebit local spiced tomato chutney & salad	9
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SMOOTHIES, JUICES & SOFT DRINKS

Fresh Fruit Smoothies See board for today's blends	4.5	Organic Gusto Sodas Fiery Ginger, Naturally Slim Cola, Blood Orange, Lemon with fresh Yuzu	3.5
Jarr Organic Kombucha Ginger, Passionfruit, Raspberry	4	Bumblezest Shots Ginger & Turmeric, Matcha & Ginseng, Chamomile & Spirulina	4
Flawsome Cold Pressed Juice Orange, Apple & Strawberry/Apple	3.5		

TEA & COFFEE

Abbey Garden fresh leaf tea, Cornish Origin Coffee & loose-leaf Canton Teas

Canton English Breakfast Tea	3.5	Espresso	
Canton Earl Grey Tea	3.5		Our signature house blend; notes of dark chocolate, fudge & dark sugar
Canton Green Tea	3.5		
Canton Ginger Soothe Tea	3.5	Espresso	2.5
Inspired by Ayurvedic traditions, with ginger root, fennel seeds & liquorice root		Macchiato	3
		Piccolo	3
		Long black	3
		Flat white	3.5
Tresco Abbey Garden Fresh Mint	3.5	Cappuccino	3.5
		Latte	3.5
Chai Latte	3.5	Gingerbread Latte topped with cream	4
Made with organic oat milk		Caramel hazelnut Latte	3.5
Classic Hot Chocolate	3.5		
Add marshmallows & cream	0.5		[Organic soy, coconut, almond & oat milk available]

ORGANIC WINES & FESTIVE COCKTAILS

Cava Brut Reserva Organic, Bodegas Sumarroca (125ml)	8	Christmas mimosa	9
		organic cava, pomegranate liqueur & fresh cranberry	
Château L'Escarelle, Côteaux Varois en Provence Organic Rosé (175ml)	8.5	Mulled wine	7
		organic red, cinnamon & orange	
Chaval Blanco, 'Ecologica' Bodegas Nodus, Spain (175ml)	7	Spiced apple juice	6
Bright & crisp floral organic		warm Westward farm apple, honey, nutmeg & cloves	
Chaval Bobal, 'Ecologica' Bodegas Nodus, Spain (175ml)	7	Cranberry fizz	6
Delicious juicy organic red		Westward Farm apple juice, fresh cranberry, ginger beer	

BEERS & CIDERS

Cornish Orchards Gold Cider, Westnorth Manor Farm, Liskeard	5	Minnehaha Pale Ale, Ales of Scilly, St Mary's	5
Refreshing with a light champagne sparkle and a long dry finish		A light IPA with an orange citrus hop finish from Scilly's only brewery	
Cornish Orchards Pear Cider, Westnorth Manor Farm, Liskeard	5	Helles Beach Cornish Lager, Firebrand Brewing Co, Newquay	5
A refreshing, delicate floral cider with a soft sparkle. Gentle pear tones and a crisp dessert apple finish.		Award winning craft brewery based in the wilds of North Cornwall	