



Breakfast

# Good Morning!

Please help yourself from buffet, which has a wide selection of cereals, fresh fruits, juices, bakery items, a selection of cured meats and continental cheeses. If an item is not there that you would like, please ask and we will endeavour to assist.

## From the Kitchen:

Porridge

## Your choice of:

Grilled Cornish back bacon, pork sausage, Bury black pudding, grilled flat mushrooms, grilled plum tomato, fried bread, hash brown and choice of free range egg – poached, scrambled or fried.

Grilled naturally smoked kipper, lemon

Locally smoked salmon, scrambled egg

Poached smoked haddock, poached egg

Boiled eggs and soldiers

When available, Chef's home-smoked locally caught pollack or mackerel.

**All our eggs are free range and, when available, from chickens reared here on the Isles of Scilly.**

Your choice of granary or white toast with locally produced preserves and honey

Cafetière of freshly ground coffee – regular or decaffeinated.

Selection of teas and infusions

We hope that you have a very enjoyable day. Should you have any special requests for dinner this evening, please let us know now and we will do our utmost to help.