

Desserts

all at £6.00

Vanilla Crème Brûlée, Fresh Shortbread

Lemon Possett with Butter Puff Biscuit

Warm Chocolate Brownie, Vanilla Pod Ice Cream

A Selection of Roskilly's Ice Creams and Sorbets

Cheese

£7.50

Selection of West Country cheeses with celery, grapes and wafers

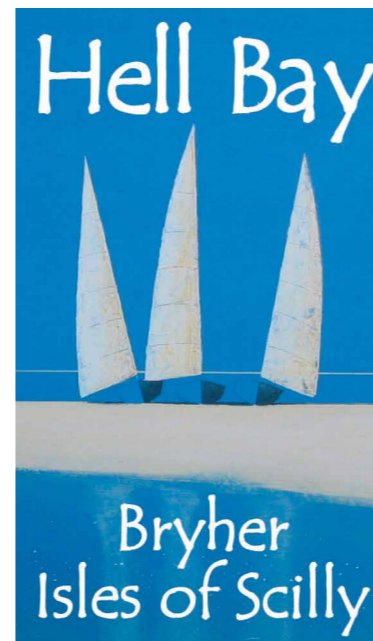
Hot Beverages

Freshly Ground Java Blend Cafetière	£2.50 per person
Cappuccino	£2.75
Espresso	£2.50
	Double £3.00
Mochaçcino	£3.00
Latte	£2.75
Hot Chocolate	£2.75
Selection of Teas and Infusions	£2.50

We pride ourselves on supporting, wherever possible, local Scillonian and Cornish producers in our purchasing of food products.

All our food is fresh and prepared to order. At busy times this may well cause some delay. We are confident that it will be worth it!

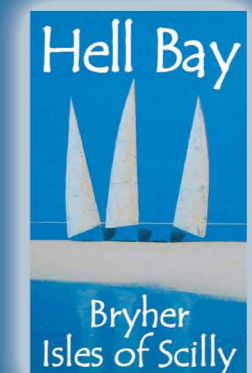
Some dishes may contain nuts. To the best of our knowledge all our food is free of GM products

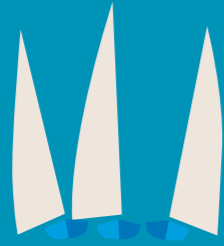


Hell Bay, Bryher, Isles of Scilly, Cornwall TR23 OPR
t: 01720-422 947 f: 01720-423 004 e: contactus@hellbay.co.uk
www.hellbay.co.uk
A Tresco Estate Hotel

BAR MENU

Served daily Noon to 2.00pm





A little something to eat while you wait or
to just enjoy with a drink:

Parsnip Crisps	£2.00
Marinated Crayfish Tails	£3.00
Mixed Marinated Olives	£3.00
Roasted Whole Pistachios	£3.00
Tapenade, Cream Cheese and Chive, Guacamole, and Olive Oil Breadsticks	£4.00

Starters and Main Courses

	Starter	Main Course
Pan-Fried Crevettes, Garlic Butter and Olive Ciabatta	£7.50	£14.50
Steamed Mussels, White Wine and Garlic Cream Crusty Bread	£7.50	£14.00
Rib-Eye Steak, Fries, Mixed Cress and Parmesan Salad		£16.50
Stir-Fried Chicken and Vegetables, Egg Fried Rice		£12.50
Hell Bay Half-Pounder, Crisp Bacon, Cornish Cheddar, Onion Marmalade		£9.50
Summer Vegetable and Feta Risotto (v)	£6.00	£11.00
Salmon and Chive Fishcakes, Leeks Carbonara	£6.50	£11.50
Fresh Pasta, Woodland Mushrooms, Spinach and Parmesan (v)	£4.50	£9.00
Local Bryher Crab and Smoked Salmon Salad, Granary Bread		£16.00



Char-Grilled Chicken Caesar Salad, Fresh Parmesan	£11.50
Beer Battered Cod and Chips, Homemade Tartare Sauce	£12.50
Roasted Baby Cornish Goats Cheese, Beetroot and Olives (v)	£9.50

Please see the board for today's specials

Sandwiches

Available on your choice of bread: multi-grain, white sliced,
or olive ciabatta

Local Bryher Crab, Mayonnaise and Chives	£10.50
Mature Cornish Cheddar and Beef Tomato Chutney	£6.50
Chicken Caesar	£7.50
Cured Cornish Ham and Apricot Chutney	£7.00
Philly and Smoked Salmon	£8.00
Rare Roast Sirloin of Beef, Horseradish Sauce	£8.00

Side Orders

Fries	£3.00
Seasonal Vegetables	£3.00
Bryher New Potatoes	£2.50
Crusty Bread	£3.00
Pesto Bread	£3.50
Mixed Salad	£3.50



Little People

all at £6.00

Fresh Pasta with Cheese Sauce

Roast Chicken Fillet, New Potatoes and Seasonal Vegetables

Deep Fried Fish in Batter, Fries, Peas and Tartare Sauce

Hell Bay Quarter-Pounder, Fries and Cornish Cheddar

Beef Bolognese in Tomato Sauce with Fresh Egg Spaghetti

For dessert we serve a child's portion of
all the ones listed over at £3.50